UPCC

Orienteering

Last modified

04/08/2026

To be reviewed

04/08/2027 (1 year default)

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Activity overview

The Orienteering Risk Management Plan contains the specific risks, control measures and ratings for this activity, as well as the ratings of all general risks relevant for all UPCC activities. Please refer to the General Activity Hazards – Risk Management Plan for a list of general risks and control measures relevant for all UPCC activities.

Risk register

Risk description	Existing control measures	Likelihood	Consequence	Risk rating
Slip-Trip-Fall: caused by inappropriate footwear, wet conditions etc.	• Appropriate foot wear must be worn at all times • Footwear must be supportive and fitted correctly (no gumboots, ugg boots etc.) • Care should be taken when grass, other ground surfaces and equipment is wet and slippery	Likely	Minor	Medium
Slip-Trip-Fall: participant slipping/falling when on bushwalk	• The Orienteering is not recommended during wet and rainy conditions • Hazardous and steep areas of the course are highlighted before departure • It is not recommended that groups run whilst doing the activity • Participants must stay on the designated walkways	Likely	Minor	Medium
Cutting/Scratching: from trees, equipment, ground, etc.	• Participants are to take care when passing tree branches, sticks and other natural environments that may cause scratching or cutting • Participants are encouraged to wear long pants to avoid scratches and cuts to the legs	Unlikely	Minor	Low
Environmental Exposure: adverse weather (heat) causing heat exhaustion, dehydration	• Participants are encouraged to bring a water drink bottle with them on the walk • Participants are encouraged not to go on the walk in extreme weather conditions • Group leader should check current and future forecasts and weather patterns with site program staff • In warm conditions, participants are encouraged to wear light, breathable, cooling clothing and should not wear jumpers or thick pants • The majority of the Course is shaded by the forest trees • Rest breaks should be taken throughout the walk to give participants a chance to have a drink and sit down	Unlikely	Minor	Low
Environmental Hazards: injury caused by contact with natural features such as rocks, dead branches, vegetation, bad weather etc.	• Thorough periodic in-house maintenance checks are completed by trained program staff • It is not recommended that the Orienteering is undertaken in strong winds • Group leaders should check current and future forecasts and weather patterns with site program staff • Orienteering will be cancelled if a severe weather warning is issued for the region for strong winds or dangerous weather conditions • Participants are directed to stay away from hazardous areas • Participants are warned about overhanging branches or vegetation	Rare	Major	Medium
Environmental Hazards: burns/injury/smoke inhalation caused by bushfire	• Group leader should check current and future forecasts and weather patterns with program host • Relevant internet sites should be checked for fire danger warnings	Rare	Major	Medium

Risk description	Existing control measures	Likelihood	Consequence	Risk rating
Environmental Hazards: difficult terrain — asthma	• Asthmatics should be identified from participant medical forms before commencing Activity • Suitable medication and first aid should be readily accessible (user group must provide First Aid) • Asthmatics must carry inhalers with them whilst on the Activity • Activity to be modified/cancelled at the discretion of the leader • Alternative activities may be arranged in conjunction with the program host and the group leader • Severe asthmatics should consider joining an alternative activity group	Unlikely	Moderate	Medium
People – Inappropriate participant behavior: participant leaving group – missing/lost participant	• Head count recommended at location plates or track junctions • When a participant is looking at maps / devices, they must be stationary – ie. not walking/running. • The locations/items to be found are not situated in dangerous places (high up in trees etc) • Pre activity briefing to include instructions about staying between the group leaders and not to wander off track	Rare	Moderate	Medium

Likelihood and consequence matrix

Likelihood \ Consequence	Insignificant	Minor	Moderate	Major	Catastrophic
Almost certain	**Medium**	**High**	**High**	**Extreme**	**Extreme**
Likely	**Medium**	**Medium** • Slip-Trip-Fall: caused by inappropriate footwear, wet conditions etc. • Slip-Trip-Fall: participant slipping/falling when on bushwalk	**High**	**Extreme**	**Extreme**
Possible	**Low**	**Medium**	**Medium**	**High**	**Extreme**
Unlikely	**Low**	**Low** • Cutting/Scratching: from trees, equipment, ground, etc. • Environmental Exposure: adverse weather (heat) causing heat exhaustion, dehydration	**Medium** • Environmental Hazards: difficult terrain — asthma	**High**	**High**
Rare	**Low**	**Low**	**Medium** • People – Inappropriate participant behavior: participant leaving group – missing/lost participant	**Medium** • Environmental Hazards: injury caused by contact with natural features such as rocks, dead branches, vegetation, bad weather etc. • Environmental Hazards: burns/injury/smoke inhalation caused by bushfire	**High**

Emergency procedures

Follow site emergency procedures. Stop the activity if unsafe, administer first aid, and notify camp staff immediately.

Review

Review this plan before each use and after incidents or near misses. Original PDF retained as version history / archive file.